



## IN SCHOOL MENTORING

**"So it's good because it gets me out because you're not a teacher I feel I can talk to you easier because I feel like I won't get into trouble"**

*Young Person  
Witney  
Feedback from  
Mentoring  
Sessions*

### What is Mentoring?

Mentoring is about building a relationship which supports Young People to talk about their worries, as well as their dreams and aspirations. Unlike counselling which is solely focused on listening, mentoring offers practical strategies, positive attitudes and behaviours to empower Young People to move forward in their lives.

We work on building important life skills, confidence in social settings, resilience, overcoming difficulties and emotional well-being. Got2B work with Young People around themes, including healthy relationships with peers, parents and teachers, bullying, social media, identity, sexuality, mindfulness, self-esteem, future education and careers.

**A mentor to work in your school for a 3 hour block.  
Working with 5 young people in 30 minute slots.**

**£150 per block when booked for the term.  
Yearly booking are discounted and emergency bookings can be available, just ask us!**

"Our Got2B youth worker had a natural ability to connect with young people. When my daughter had a particularly difficult time, just having someone neutral, who she felt comfortable to engage with, made a great deal of difference to our situation. Someone calming, understanding and non-judgmental, really helped both me and my daughter. Feeling that you aren't on your own and that someone else really gets your situation is such a relief. It also gave her more confidence and helped her to deal with some of the issues she was facing. I would highly recommend Got2B youth workers as a fantastic resource for any young people needing help, support or guidance of any kind".  
Parent- Claire.



To book or for more information please email: [info@got2b.org.uk](mailto:info@got2b.org.uk)